

For Immediate Release
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**Prepare for the Next Emergency:
Enroll in a Community Emergency Preparedness Class**

Exeter, NH: Hurricane Irene and Sandy spared the Seacoast, but left their mark on the east coast. Residents were left without access to electricity, water or other utilities, and cut off from food and water supplies for days.

Learn skills needed to take care of yourself, your family and neighbors in the event of an emergency. The Greater Exeter Citizen Corps and the Town of Hampton are sponsoring a Community Emergency Preparedness course Thursdays, January 10, 2013 through February 7, 2013 6:30-8:30pm, AND Saturday, February 2nd from 8:30am-4:00 pm at the Hampton Beach Fire Department, 64 Ashworth Avenue, Hampton NH.

The free, five week course includes topics such as Disaster Preparedness, Disaster Psychology, Fire Safety, Safety Strategies Involved in a Terrorist Incident, Incident Command Systems, Light Search and Rescue, as well as First Aid and CPR certification through the American Heart Association.

"We are experiencing more and larger disasters in this region," says Hampton Fire Chief Chris Silver. "We are excited to be able to offer area residents the opportunity to learn how prepare for these emergencies." Hampton Fire Department personnel, including Chief Silver will serve as guest instructors for the class.

For more information on the Community Emergency Preparedness training, or to register, contact the Samantha Brann, Community Programming Coordinator for the Greater Exeter Citizen Corps at 335-0168 or sbrann@hscstrafford.org.

The course also fulfills the basic training requirements for Greater Exeter Citizen Corps membership. Greater Exeter Citizen Corps volunteers augment local emergency responders by providing medical and non-medical volunteer assistance during emergencies and have provided hundreds of hours during recent years' ice storms, flooding, hurricanes and during the H1N1 influenza pandemic. More information about the Greater Exeter Citizen Corps can be found at www.seacoastphr.org.

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